



RARL CHALLENGE DRAW – 29TH & 30TH JUNE 2019

Venue; Jones Park Cairns Mann Street Westcourt

Teams				
1. Lower Gulf				
2. Three Rivers				
3. ZKRL/ East Coast				
Date/Game	Time Venue	Where	Presenter	
Saturday 29 th June	7.30am Breakfast Cairns Colonial Club	3x Teams		
	9am- Jones Park Welcome	3x Team Training Runs	Team Coaches Rob Moore QRL	
	10.30am- Defence & Attack Structures Video	Training Room- 3x Teams on field development sessions	Rob Hall QRL Alby Anderson NRL NQ United Coaching Staff	
	12 noon Lunch	Subway Provided		
	1:30pm- Education & Wellbeing- Deadly Choices Team	-Training Room All teams	Deadly Choices QRL Wellbeing Officer	
	2:30pm – 3:30pm Education & Wellbeing – Dwayne Savo (Gulf Team)	Training room- Gulf Team	Dwayne Savo	
Game	Time	Team 1	Team 2	30 min half
1	Saturday 29 th June 4.00pm	ZKRL/ East Coast	Three Rivers	1x30min
2	4.45pm	ZKRL/ East Coast	Lower Gulf	1x30min
3	5.15pm	Three Rivers	Lower Gulf	1x30min
		Selection Meeting		
Game	Time	Team 1	Team 2	Halves
4	Sunday 30 th June 8.30am	ZKRL/ East Coast	Three Rivers	1x30min
5	9.15am	Three Rivers	Lower Gulf	1x 30min
6	10.30am	Lower Gulf	ZKRL/ East Coast	1x30min
	11.15am	Presentations- NQ Emerging Squads Named		
	11.30am	NQ United Team Named- Team Run		



COMPETITION RULES

- Teams can play 18 players only per team, they must be named prior to RARL and registered in remote areas competitions only- **No Cairns, Townsville, Mackay competition players or portability players allowed.**
- Team sheets for each game will have the same 18 players per game and players must wear that jersey for all games. **No players to be brought into teams if players are injured on the day.**
- **There will be unlimited interchange.**
- Players must wear the same jersey for the entire weekend (to help selection process)
- Points
 - Win 2 points
 - Draw 1 points
- If teams are tied on points after the competition rounds, their positions will be determined on the following basis: For & Against and most tries scored.