

DID YOU KNOW?



LEAGUESAFE = YELLOW SHIRT

THE ROLE OF A LEAGUESAFE TRAINER DURING THE MATCH IS TO PROVIDE WATER TO PLAYERS AND ASSIST WITH THE INTERCHANGE PROCESS FROM AN ONSIDE POSITION AND **RETURN IMMEDIATELY TO THEIR TEAM BENCH AREA.**



LEAGUE FIRST AID = GREEN SHIRT

FIRST RESPONDER, MUST AT ALL TIMES DURING THE MATCH BE IN THE POSITION TO RESPOND QUICKLY AND ACCESS THE FIELD OF PLAY.

1. TO ATTEND AN INJURY OR ILL PLAYER.
2. AFTER A TRY HAS BEEN SCORED.
3. DURING A TIMEOUT CALLED BY THE REFEREE.

COACHING, INTERCHANGE OR DELIVERING WATER IN ATTACK IS **NOT PART OF THIS ROLE**



LEVEL 1 SPORTS TRAINER = BLUE SHIRT

LEVEL 1 SPORTS TRAINER, MUST AT ALL TIMES DURING THE MATCH BE IN THE POSITION TO RESPOND QUICKLY AND ACCESS THE FIELD OF PLAY.

1. TO ATTEND AN INJURY OR ILL PLAYER.
2. AFTER A TRY HAS BEEN SCORED.
3. DURING A TIMEOUT CALLED BY THE REFEREE.

COACHING, INTERCHANGE OR DELIVERING WATER IN ATTACK IS **NOT PART OF THIS ROLE**



LEVEL 2 SPORTS TRAINER = ORANGE SHIRT

LEVEL 2 SPORTS TRAINER, MUST AT ALL TIMES DURING THE MATCH BE IN THE POSITION TO RESPOND QUICKLY AND ACCESS THE FIELD OF PLAY.

1. TO ATTEND AN INJURY OR ILL PLAYER.
2. AFTER A TRY HAS BEEN SCORED.
3. DURING A TIMEOUT CALLED BY THE REFEREE.

COACHING, INTERCHANGE OR DELIVERING WATER IN ATTACK IS **NOT PART OF THIS ROLE**

ALL RULES AND GUIDELINES CAN BE FOUND IN THE NRL-ON-FIELD-POLICY.PDF ON QRL CLUBHOUSE