Letter to Coaching and Team Managers

Hi All,

This email is being sent to give you an update on the developments of getting a COVID safe 2020 rugby league season back up and running. With the governments announcement of the Roadmap to Recover and the staged easing of restrictions we are excited to see plans finally being put in place to get community sport back up in running.

As with everything in life at the moment the return to the “old normal” is no longer possible. In order for the kids to get back out on the footy field we have had to devise a COVID safe plan for the Return to Play in accordance with the governments proposed 3 staged easing of restrictions as well as following the Australian Institute for Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment together with abiding by QRL and TDJRL directives.

We are current in Stage 1 and as you all may be aware this does not allow for the return of any community sport. At this point in time the commencement of Stage 2 will not start until 12 June 4.

From 12 June 2020 we are hopeful that we will be able to commence NON-CONTACT training in groups of no more than 20 people including coaches. In order to commence training on this date the following guidelines will need to be followed:

1. Coaches will be required to keep a written record of attendance for each training session and such record will need to be kept for a period of at least 28 days (this will be referred to in the case of an outbreak);
2. No parents will be permitted to remain on ground during the training session. Parents will be expected to drop off and pick up their children from the designated drop off/pick up zones. A diagram showing the layout of the fields and drop off/pick up zones will be provided to all teams and families in the near future.
3. The club will be adopting the AIS training schedule focus of “**Get in, train and Get Out”**. This module of training focus is as follows:
4. Players are expected to turn up to training on time, be clean, toileted and fully dressed in whatever training clothing or protective equipment is required to training so there are no delays with starting training immediately No food is permitted to be eaten whilst at the grounds for training purposes.
5. Players will always present directly to their designated training area and remain in that area during the training session.
6. Training will take place and then the players are again required to immediately leave training following the most direct route to their pickup zone and head home with as little contact with others as possible whilst observing social distancing practices.
7. Children will be required to bring their own water bottle as no use of communal drink taps will be allowed.
8. Where possible children are encouraged to bring their own hand sanitizer to training practice and the coach is to make sure everyone has sanitized their hands before and after training. The club will provide each team with some hand sanitizer for those that do not bring their own.
9. We ask that you verbally check with all players to make sure they are fit and healthy to train. If you have a child presenting with any cold and flu symptoms they are to be immediately separated from the group, informed of their inability to train and their parents are to be called to come and collect them from training. The child will need to sit away from the playing group until such time as their parent arrives.
10. You will need to modify your training regime to non-contact training ONLY. Training can consist of any of the following:
11. Fitness activities.
12. Ball handling skills and drills.
13. Lines and structure play.
14. Tackling of hit pads only (no player on player tackling permitted) – If you require to use any of the clubs equipment you will need to obtain prior approval from the club as there is a strict protocol for cleaning of club equipment after use.
15. The club will provide you with a cleaning pack and general training on the cleaning protocols for equipment. It should be noted that any equipment used during training such as balls, kicking tees, markers will be required to be cleaned at the end of each training session.
16. Training Times:
17. Given social distancing and capping of numbers per training session the club will only allow 2 teams per field per training session.
18. A Training Roster will be prepared noting each age groups allocation of training day, time, field, drop off/pick up zones.
19. Coaches are required to complete a “Training Preference Request” by 1 June 2020 (see attached).
20. Every effort will be made to try and accommodate all requests however it should be noted that the club may not be able to accommodate everyone and the training roster may have to be prepared regardless of preferences.
21. Age groups U6 - U9 will only be allocated 1 day per week and U10 and up will be allocated 2 days per week.
22. Coaches can choose to train at an alternative location if their preferred time allocations cannot be met provided all training policy and procedures are followed.

Training Preference Request

Available Time Slots:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 4:00 – 5:00 | 4:00 – 5:00 | 4:00 – 5:00 | 4:00 – 5:00 | 4:00 – 5:00 |
| 5:00 – 6:00 | 5:00 – 6:00 | 5:00 – 6:00 | 5:00 – 6:00 | 5:00 – 6:00 |

Preference Request:

|  |  |  |
| --- | --- | --- |
|  | Day 1 | Day 2 |
| 1st Preference: |  |  |
| 2nd Preference: |  |  |
| 3rd Preference: |  |  |

CLUB AGE GROUP:

We will send another email with further updates as things progress and will try and provide you with the training roster as soon as possible so that you can put the necessary arrangements in place with your team. We will also be emailing all player families to give them an update on proposed Return to Play guidelines. At this stage there is no need for you to provide any updates to your respective teams as the club will make sure all relevant parties are updated accordingly. We will also endeavour to hold a coach meeting prior to 12 June to provide you with a basic run down of COVID safe training procedures and instructions for cleaning equipment.

Please feel free to email with any questions you may have in this regard. Look forward to seeing you all back on the footy fields real soon.