NRL ON FIELD POLICY - SPORTS TRAINER STRUCTURE 2026
COMMUNITY RUGBY LEAGUE

ACCREDITATION

LeagueSafe

START PROCESS
Complete online training

- Child Safeguarding Patrons of the Game
- LeagueSafe Course Online NRL Learning Centre
- 3 Yearly

League First Aid

START PROCESS
Complete online training

- Child Safeguarding Patrons of the Game
- League First Aid Online NRL Learning Centre
- League First Aid Course 2hr face to face NRL Learning Centre

UPDATES
- Yearly CPR (HLTAID009)
- 3 Yearly First Aid (HLTAID011)

Level 1 Sports Trainer

START PROCESS
Attend Level 1 Sports Trainer Course via NRL/SMA

- Child Safeguarding Patrons of the Game
- Online First Aid Course NRL Learning Centre
- Sports Trainer Course 1 day face to face NRL Learning Centre

UPDATES
- Yearly CPR (HLTAID009)
- 3 Yearly First Aid (HLTAID011)

Level 2 Sports Trainer

START PROCESS
Attend Level 2 Sports Trainer Course via NRL/SMA

- Child Safeguarding Patrons of the Game

Prerequisites
- Current CPR Current First Aid Current Level 1 Sports Trainer
- Level 2 Sports Trainer Course 2 day face to face NRL Learning Centre

UPDATES
- Yearly CPR (HLTAID009)
- 3 Yearly First Aid (HLTAID011)

OR

Medical Professional (RPL Method)

START PROCESS

- Child Safeguarding Patrons of the Game
- Paramedic
- Doctor
- Nurse
- Physiotherapist
- Apply for Recognition of prior learning

RPL

- Complete relevant Rugby League Sports Trainer Course

Submit NRL Request to update competency on MySideline profile under Accreditations

ROLES

LeagueSafe	League First Aid	Level 1 Sports Trainer	Level 2 Sports Trainer	Medical Professional (RPL Method)
Visible on MySideline	Visible on MySideline	Visible on MySideline	Visible on MySideline	Visible on MySideline
LeagueSafe	League First Aid	LEVEL 1 SPORTS TRAINER	LEVEL 2 SPORTS TRAINER	LEVEL 2 SPORTS TRAINER
Yellow Shirt	Green Shirt	Blue Shirt	Orange Shirt	Orange Shirt