

| Round Number | Competition Name | Match Date | Match Time | Team 1 | Team 2 | Venue Name |
|--------------|--|------------|-------------|---------------|---------------|--|
| 1 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 30/03/2019 | 3:00:00 PM | Redbank | Capalaba | Redbank Plains Recreational Reserve (Redbank Plains) |
| | 2019 SEQ Senior Women's Division 3 Green | 30/03/2019 | 1:30:00 PM | QUT Normanby | Murri Taipans | Bert St Clair Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 30/03/2019 | 1:00:00 AM | Inala | Bye | |
| | 2019 SEQ Senior Women's Division 3 Green | 30/03/2019 | 11:45:00 AM | North Lakes | Redlands | Kinsellas Playing Fields |
| | | | | | | |
| 2 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 6/04/2019 | 12:00:00 PM | Redlands | Inala | Pinklands Sports Oval 1 |
| | 2019 SEQ Senior Women's Division 3 Green | 6/04/2019 | 1:00:00 AM | Bye | QUT Normanby | |
| | 2019 SEQ Senior Women's Division 3 Green | 6/04/2019 | 3:00:00 PM | Murri Taipans | Redbank | Ken Hayward Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 6/04/2019 | 1:30:00 PM | Capalaba | North Lakes | John Frederick Park |
| | | | | | | |
| 3 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 13/04/2019 | 1:00:00 AM | Redbank | Bye | |
| | 2019 SEQ Senior Women's Division 3 Green | 13/04/2019 | 1:30:00 PM | QUT Normanby | Redlands | Bert St Clair Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 13/04/2019 | 3:00:00 PM | Inala | North Lakes | CJ Greenfield Complex |
| | 2019 SEQ Senior Women's Division 3 Green | 13/04/2019 | 3:00:00 PM | Capalaba | Murri Taipans | John Frederick Park |
| | | | | | | |
| 4 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 27/04/2019 | 12:00:00 PM | Redlands | Redbank | Pinklands Sports Oval 1 |
| | 2019 SEQ Senior Women's Division 3 Green | 27/04/2019 | 3:00:00 PM | Inala | Capalaba | CJ Greenfield Complex |
| | 2019 SEQ Senior Women's Division 3 Green | 27/04/2019 | 1:00:00 AM | Bye | Murri Taipans | |
| | 2019 SEQ Senior Women's Division 3 Green | 27/04/2019 | 12:15:00 PM | North Lakes | QUT Normanby | Kinsellas Playing Fields |
| | | | | | | |
| 5 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 11/05/2019 | 1:30:00 PM | North Lakes | Redbank | Kinsellas Playing Fields |
| | 2019 SEQ Senior Women's Division 3 Green | 11/05/2019 | 12:00:00 PM | QUT Normanby | Inala | Bert St Clair Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 11/05/2019 | 1:30:00 PM | Murri Taipans | Redlands | Ken Hayward Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 11/05/2019 | 1:00:00 AM | Capalaba | Bye | |
| | | | | | | |
| 6 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 18/05/2019 | 1:00:00 AM | Redlands | Bye | |

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| | 2019 SEQ Senior Women's Division 3 Green | 18/05/2019 | 3:00:00 PM | Capalaba | QUT Normanby | John Frederick Park |
| | 2019 SEQ Senior Women's Division 3 Green | 18/05/2019 | 3:00:00 PM | Inala | Redbank | CJ Greenfield Complex |
| | 2019 SEQ Senior Women's Division 3 Green | 18/05/2019 | 3:00:00 PM | North Lakes | Murri Taipans | Kinsellas Playing Fields |
| | | | | | | |
| 7 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 25/05/2019 | 1:30:00 PM | QUT Normanby | Redbank | Bert St Clair Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 25/05/2019 | 1:00:00 AM | Bye | North Lakes | |
| | 2019 SEQ Senior Women's Division 3 Green | 25/05/2019 | 3:00:00 PM | Murri Taipans | Inala | Ken Hayward Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 25/05/2019 | 1:30:00 PM | Capalaba | Redlands | John Frederick Park |
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| | 2019 SEQ Senior Women's Division 3 Green | 13/07/2019 | 1:00:00 AM | Bye | Redlands | |
| | 2019 SEQ Senior Women's Division 3 Green | 13/07/2019 | 1:30:00 PM | QUT Normanby | Capalaba | Bert St Clair Oval |
| | 2019 SEQ Senior Women's Division 3 Green | 13/07/2019 | 3:00:00 PM | Redbank | Inala | Redbank Plains Recreational Reserve (Redbank Plains) |
| | 2019 SEQ Senior Women's Division 3 Green | 13/07/2019 | 1:30:00 PM | Murri Taipans | North Lakes | Ken Hayward Oval |
| | | | | | | |
| 14 | | | | | | |
| | 2019 SEQ Senior Women's Division 3 Green | 20/07/2019 | 3:00:00 PM | Redbank | QUT Normanby | Redbank Plains Recreational Reserve (Redbank Plains) |
| | 2019 SEQ Senior Women's Division 3 Green | 20/07/2019 | 1:00:00 AM | North Lakes | Bye | |
| | 2019 SEQ Senior Women's Division 3 Green | 20/07/2019 | 1:30:00 PM | Inala | Murri Taipans | CJ Greenfield Complex |
| | 2019 SEQ Senior Women's Division 3 Green | 20/07/2019 | 1:30:00 PM | Redlands | Capalaba | Pinklands Sports Oval 1 |