

# **Pure Performance Online**

## **ASADA eLearning Fact Sheet**

#### What is Pure Performance Online?

Pure Performance Online is a free and easy to use online education tool developed by ASADA. With over 10,000 participants from across the sporting community Pure Performance Online offers a variety of learning options.

- Level 1 Anti-Doping Course
  - Covers the six key areas of anti-doping
  - Certificate upon completion (never expires)
- Level 1 Fast Track Test
  - Athletes with prior knowledge can take the Fast Track Test to be exempt from the course
  - Must score 100% in two attempts to pass
  - Certificate upon completion (never expires)
- Level 2 Anti-Doping Test
  - o Must hold a level 1 certificate to be eligible for level 2
  - Covers more advanced topics in anti-doping and updated annually to reflect current trends
  - Certificate upon completion (expires Dec 31st each year)
- Learning Updates
  - Series of short interactive videos about current trends in anti-doping
- Facilitator Courses
  - o Comprehensive training for support personnel who need to present anti-doping education
  - Access to anti-doping resources including power point presentation, attendance forms, etc.

#### How do I access Pure Performance Online?

You can get started with ASADA e-Leaning by visiting http://asada.skillsoptimiser.com

Click register to create a new account then wait for your registration confirmation email and follow the instructions to login to Pure Performance Online.

When you login for the first time you will see the following training items in your homepage:

- Learning Update: Check Your Substances
- Learning Update: Supplements and Sanctions
- Learning Update: Intelligence and Investigations
- Level 1 Fast Track Test
- Level 1 Anti-Doping Course

### What do I need to complete?

If you are familiar with anti-doping you should first attempt the Level 1 Fast Track Test. If you are unsuccessful then you will need to complete the Level 1 Anti-Doping Course to receive your level 1 certificate.

If you are new to anti-doping you should do the Level 1 Anti-Doping Course first to ensure you have covered the main areas of anti-doping.

You can also complete any of the Learning Updates at any time however you will not receive a certificate for these. Additional Learning Updates may be issued throughout the year and you will be notified about these via email.

## How do I progress to level 2?

Click on the Level 2 tab in the menu. You will find the following courses in your list:

- Facilitator Course DVD
- Facilitator Course Workshop
- Level 2 Anti-Doping Test

Click on the training you want to request and make sure you have completed the pre-requisite training. If you have completed all pre-requisites you will be able to click the Request Training button.

The Level 2 Anti-Doping Test is automatically approved and will appear in your home page after you submit your request. The Facilitator Courses require further approval from ASADA and your National Sporting Organisation; this may take 3-5 working days.

For further assistance visit www.asada.gov.au or contact the Education team at education@asada.gov.au.